

Ikambiso Evamileko yokuSebenza kwakaRhulumende kanye nemiLayelo yamaHlelo we-ECD: Isirhunyezo nerhelo-elihlolako

Lesi sirhunyezo seKambiso Evamileko sokuSebenza kanye nemiLayelo ephathelene nokuvulwa godu kwamahlelo we-ECD akhitjhwe mNyango wokuThuthukiswa kweHlalakuhle. Sitjhugulule imitlolo yangokoMthetho yaba lirhelo-elihlolako elilula ukwenzelela bona ukwazi ukusenza lula.Koke odinga ukukwenza kulapha kwirhelo-elihlolako. Ikambiso Evamileko yokuSebenza le iqukethe imibono nemi-hlahlandlela. Nangabe ufuna ukuyifunda, ungayithola iyoke nemiLayelo ngokungena simahla ku-smartstart.org.za

Linkambiso Ezivamileko zokuSebenza ziqukethe iindlela ekufanele zilandelwe:

- Lindlela ekufanele uzilandele **ngaphambi kobana kuvulwe godu**. Inengi lazo lezi ziyafana nezinto eziseForomini lokuziHlola lerhelo-elihlolako. Ungakhathazeki, faka itshwayo lapho ukuqinisekisa bonyana uwenzile.
- Lezi lindlela ekufanele uzenze **ngamalanga**. Lezi zinto ekufanele uzikhumbule ngaso soke isikhathi. Kuzokuba budisi ukukhumbula koke, nakunjalo ke hlala uphethe ihlelo-elihlolako ukwazi ukulisebenzisa njengesikhombiso esikhathini esinengi.

Khumbula bona, umbanduli wakho we SmartStart angakusiza nakudingekako. Nakukhona ongakutholiko kahle noma ufuna usizo, bachayele umtato

1. Lindlela ezivamileko

Isigaba lesi siphathelene namagadango ekufanele uwathathe ukulungiselela ihlelo lakho.

Yini ekufanele uyenze ngaphambi kobana uvule godu?	Ngikwenzile lokhu ✓
Zalisa iForomo lokuziHlola bese uyalithumela (bawa umbanduli wakho bona akusize nakudingekako).	
Qinisekisa bona uyenza bewuqede ibandulo le SmartStart	
Tlikitla bese ukhombisa Isibopho sokuVuma (iyatholakala kwithungelelwano-hlanganiso iSmartStart)	
Tlikitla bese ukhombisa iHlelo lemSebenzini lomuLwana weKhorona (iyatholakala kwithungelelwano-hlanganiso iSmart Start)	
Nangabe unaye umlekeleli nofana abanye osebenza nabo, hlangana nabo bese uyabatjela ngeendlela ezitjha nekambiso (Cala isiGaba sesi-2 ngenzasi)	
Qinisekisa bona uneensetjenziswa ezaneleko zokuhlwegisa, isibha, kanye namamaski enziwe ngetjhila(umsebenzi ngamunye uthola ama-2, bese ubeka asi-6 ecadi wabantwana)	
Ngokukhulu ukutjheja hlwegisa linsetjenziswa namathoyi ozozisebenzisa	
Qinisekisa bona uyawathola amanzi wokuselwa ahlanzekileko, wokuhlanza izandla kanye nokuhlwegisa	

2. Ibandulo nelwazi nokusekela

Isigaba lesi kulapha ozokusiza khona abalekeleli bakho nabasebenzi bakho ukuzwisisa iindlela ezitjha nekambiso ekufanele bayilandele ngamalanga. Kufanele uhlele isikhathi esikhethekileko sekulumiswano ukwazi ukubanjela nokubafundisa ngaphambi kobana kuvulwe. Irhelo elihlolako elingenzi liveza koke ekufanele kwenziwe ngesikhathi sekulumiswano.

Nangabe awunabo abalekeleli nofana abasebenzi, kufanele nje wenze isiqiniseko bonyana wenze bewaceda ibandulo lokuvula leSmartStart.

Yini ekufanele ukhulume ngayo ngesikhathi sekulumiswano/ibandulo labasebenzi?	Ngikwenzile lokhu ✓
Sebenzisa amaphostara anemininingwana weSmartStart bese utjela abasebenzi ukuthi: <ul style="list-style-type: none"> • Iindlela zokukhandela ukusabalala komulwana. • Ukuhlaza-izandla • Ukubona amatshwayo wokugula -bese uthatha amagadango khonokho. • Ukufundisa abantwana ngokuziphatha okuhle ukusiza ukusabalala komulwana 	
Cocisanani benivumelane ngekambiso yokuhlengisa ngamalanga eendaweni zokufundela, iinsetjenziswa kanye neesetjenziswa zethoyiledi.	
Sebenzisa amanowutsi woMhlahlandlela weSmartStart ukutjela abasebenzi lokhu: <ul style="list-style-type: none"> • Ukuskrina/ukuhlolwa ngamalanga • Ukusebenzisa amamaski wobuso • Ukuqalanganisa kezoqhulalana • Ukukhuluma nabantwana ngobulwelo beCorona • Ukuzwisisa bewukhambisane nekambiso yeSmartStart 	
Cocisanani benivumelane ngekambiso yokuthathana neyokuphekelelana	
Cocisanani benivumelane bona abantwana bazokuhleleka njani ngeenqhemba ezincani	
Nangabe unamaklasi amanengi, coca bese niyavumelana ngehlelo lokuyokudlala ngaphandle.	
Tjela abasebenzi bona amanowutsi womHlahlandlela weSmartStart uzowabekaphi lapha azokutholakala khona lula bona nande bawatjheja.	

3. Ukulungiselelwa kweendawo zokufundela (ngaphakathi nangaphandle)

Isigaba lesi siphathelene namagadango ekufanele uwathathe ukulungiselela kweendawo zokufundela ngaphambi kobana uvule ihlelo lakho.

Yini ekufanele uyenze ngaphambi kobana uvule?	Ngikwenzile lokhu ✓
Zoke iinkhala, amathoyi, iincwadi kanye neesetjenziswa zokufunda, ifenitjhara, iinsetjenziswa zokudlala ngaphandle nezinye ezisebenzako, izitja zokupheka, kanye neesetjenziswa ezisebenza ethoyiledi, kufanele zihlanzwe zihlanzeke kuhle ngelanga elingaphambi kobana uvule	
Amathoyi athambileko afihlwe	
Ibhoksi lesanda lokudlala kufanele lithululwe nofana livalwe	
Kufanele kube nekambiso yangamalangaayokuhlengisa	
Kunomoya owaneleko endaweni yokufundela (vula amafesdere/iminyango ukwenzelela bonyana ummoya ukwazi ukungena begodu uphume lula	
Indawo yokufundela ihlelwe ngendlela ezokwazi ukusekela ukuqalanganisa kwezokuhlalana (isibonelo, amatshwayo nemidwebo ephasi ukukhombisa iindawo zokudlala kanye neendawo zokuhlala phasi)	

4. Ukuthintana nababelethi ngaphambi kokuvulwa godu

Isigaba lesi ngesokunikela ababelethi ilwazi abalidinga bona balazi ngokuvulwa kwehlelo godu.

Yini ekufanele uyenze ngaphambi kobana kuvulwe godu?	Ngikwenzile lokhu ✓
Yenza incwadi efanako ezokuya kubabelethi (iyatholakala kuwebhsayidi ye-SmartStart) bese unikela boke ababelethi kanye nabondli babantwana.	
Buthelela zoke iincwadi kanye neenlibhi ezitlikitlweko emaphethelweni wencwadi efanako.	
Qinisekisa bona unenomboro yomtato kanye nenye inomboro ecadi yombelethi nofana umondli wontwana	

5. Ukuzenzela ikambiso yakho

Isigaba lesi simayelana nekambiso ekufanele ube nayo bese uyitlola nebodeni.

Yini ekufanele uyenze ngaphambi kobana uvule godu?	Ngikwenzile lokhu ✓
Bonisa izaziso lezi: <ul style="list-style-type: none"> • UKuzibopha kokuVuma • Ihlelo Lomulwana weCorona eNdaweni Yomsebenzi 	
Bonisa amaphostara anemininingwana alandelako: <ul style="list-style-type: none"> • Ungakhandela njani ukusabalala komulwana weCorona • Ungawabona njani amatshwayo weCorona • Uzihlanza njani izandla • Iphostara lemininingwana labantwana elikhombisa iindlela ezine zokuziphatha 	

6. Ukufika nokukhamba

Isigaba lesi sikhuluma ngekambiso ekufanele ibe khona yabasebenzi kanye nabantwana lokha nabafikako nalokha nabakhambako baphuma ehlelweni leli.

Yini ekufanele uyenze ngaphambi kobana uvule godu?	Ngikwenzile lokhu ✓
Tjela abalekeleli kanye nabasebenzi bona bahlanze izandla qobe nabafikako	
Kunendawo lapho kuhlanzelwa khona izandla nawungena ehlelweni	
Kunendawo esecadi yomsebenzi ngamunye kanye nabantwana lapha bangabeka khona izinto zabo	
Nangabe kunabantwana abnengi ehlelweni lakho, hlela inkhathi ezihlukileko zokubathatha nokubaphekelela bese wazise ababelethi babo ngazo	
lingojwana, intambo, amatje nofana amatshwayo abekwe phasi akhombisa iindawo zomjeje ngaphandle (qinisekisa okungasenani amamithara ama-1.5 nofana ukhamba ngamaqha amabili hlangua neenkundla emjejeni)	
Kunendawo lapha abantwana bangalinda khona bagadiwe lokh abanye abantwana baskrinwa/bahlolwa	

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Qinisekisa bona abantwana kanye nabasebenzi bahlanza izandla zabo lokha nabafikakao naokha nabakhambako	
Bonisa iphostara lemininingwana elithi 'Jama emjejeni lapha'	
Qinisekisa bona ababelethi nabondli babantwana bambatha amamaski wobuso lokha nababathako nalokha nababathathako	

7. Ukuskrina nokuhlolela umulwana weCorona

Isigaba lesi siphathelene nekambiso ekufanele ibe khona ngamalanga nakuskrinwa abasebenzi kanye nabantwana. Qinisekisa bona uphethe ngesandla amanowutsi womHlahlandlela weSmartStart ngombana aqukethe ikambiso ekufanele uyilandele ngamalanga.

Yini ekufanele uyenze ngaphambi kobana uvule?	Ngikwenzile lokhu ✓
Tjela abasebenzi boke nabalekeli imibuzo yokuskrina ekufanele bazibuze yona ngaphambi kobana beze emsebenzini ngamalanga	
Hlathululela abasebenzi nabalekelako indlela elandelwako nakuskrinwako	
Yenza indawo lapha kungenwa khona ezokusebenza ukuskrina ehlelweni lakho ngamalanga	
Lungisa irhelo lerejista ozoyisebenzisa ukutlolisa lokha nawuskrinako ngamalanga	

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Yenza iphostara yendawo lapha kuskrinelwa khona bese ube nerhelo lerejista, 'Indawo Yokuskrina/ukuhlolwa' kanye netemomitha (nangabe unayo)	
Skrina omunye nomunye umntwana kanye nabasebenzi nawuthoma omunye nomunye umhlangano	

8. Ukuqalanga kezokuhlalisana

Isigaba lesi sitjheje bona ungabasekela njani boke ukulinga babe neenkhalaba baqalanga okungasenani imithara yi-1 hlangana.

Kumbula bona, ukuqalanga kezokuhlalisana kungaba budisi ebantwaneni abancani begodu kufanele yenziwe ngendlela ekhombisa isineke nesekelako, ungabi likhuni nofana ube bukhali. Funda amanowutsi womHlahlandlela weSmartStart 'Ungasekela njani ukuqalanga kezokuhlalisana' nawufuna imininingwana ezeleko nemibono eminye. Amanowutsi womHlahlandlela 'Ungalihalisa njani ihlelo lakho' nayo inemibono eqakathekileko yemidlalo kanye nezinto ezingenziwa ukuqinisekisa bona ukuqalanga kezokuhlalisana kuyenziwa.

Kufanele wenzeni ngaphambi kobana uvule godu?	Ngikwenzile lokhu ✓
Khuluma nabasebenzi kanye nabalekeleli ngokuqalanga kezokuhlalisana nokuthi kufanele kusekelwe ngendlela enomusa nelungileko begodu kungabi sizathu sokobana utjhiye abantwana banganalitho abangalenza	
Nangabe kunabantwana abanengi ehlelweni, hlela abantwana babe ngeenqhema ezincani ezizokwenza bona bahlale emhlanganweni ngamunye ukukhandela ukuhlangahlanganisa izinto	
Ngeiskhathi sokulala, tshaya abomatrasi neengubo ukwenzelela bona umntwana usebenzisa eyodwa ngamunye komunye nomunye umhlangano	

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Khumbuza abantwana ngamalanga ngokuqalanga kezokuhlalisana nokobaba bahlale "kwibhamuza" (sebenzisa iphostara yeSmartStart yabantwana)	
Ngeenkhati zokudla, qinisekisa bona iintulo zihlukene okungasenani ngemitha li-1 ngokuqalanga	
Ngeenkhati zokulala, qinisekisa nakhona bona amamatrasi aqalanga ngemitha yi-1	

9. Amamaski wobuso kanye namaglavu weraba

Isigaba lesi simumethe ilwazi ngokobana uwasebenzisa njami amamaski wobuso kanye namaglavu weraba ukuzivikela ababeregi nabantwana. Abantwana abaneminyaka emi-2 kufanele bakhuthazwe kodwana bangakatelelwa bona bambathe amamaski wobuso. Nangabe umntwana uthoma ukugula akhombisi namatshwayo womulwana weCorona nakasehlelweni lakho, kufanele bahlale bambethe amamaski lokha nabalinde umbelethi wabo azobathatha. Funda amanowutsi womHlahlandlela we SmartStar 'Ngingayisebenzisa njani imaski yobuso' nawufuna ilwazi elizeleko. Akekho umntwana nofana umsebenzi ozokukatelela bona ambathe amaglove weplastiki. Kodwana, kuhlangozwa bonyana usebenzise amaglavu weraba nawuhlwengisako bese nawo uwahlanze nawuceda ukuwaberegisa.

Yini ekufanele uyenze ngaphambi kobana uvule godu?

Ngikwenzile lokhu ✓

Qinisekisa bonyana okungasenani unamamaski ama-2 umsebenzi ngamunye

Qinisekisa bona okungasenani unamamaski asi-6 asecedi wabantwana

Yini ekufanele uyenze ngamalanga?

Ngizokwenza lokhu ✓

Qinisekisa bona abasebenzi bambatha imaski yobuso ngamalanga

Qinisekisa bona amamaski asetjenziswa ngokukhambisana kwemithetho esemanowutsini yomHlahlandlela weSmartStart 'Uyisebenzisa njani imaski yobuso'

Tjhugulula bewuhlanze imaski yakho qobe nakuphela umhlangano

Nange umntwana afika angakambathi imaski yobuso, mnikele yinye ngesikhathi somhlangano loyo

10. Ukuzijayeza ukuhlwengeka

Isigaba lesi siphathelene nokuhlanza izandla, ikambiso esebenziswa ethoyilede kanye nenye ikambiso yokuhlwengeka. Ngendlela ekungakghoneka ngayo, abantwana kufanele bahlanze izandla zabo ngesibha zihlwengeke ngokusebenzisa amanzi kunokuthi usebenzise isihlanzekisi.

Yini ekufanele uyenze ngaphambi kobana uvule godu?

Ngikwenzile lokhu ✓

Yiba nekambiso yokobana izandla uzihlanza njani ilanga loke

Qinisekisa bona unamathitjhu wokusula iimpumulo zabantwana.

Qinisekisa bona indawo yokutjhentjha umntwana amanepi ikude nendwao yalapha kulungiselelwa ukudla

Yini ozoyidinga ngamalanga?

Ngizokwenza lokhu ✓

Qinisekisa bona izandla zihlanzwa njalo ilanga loke basebenzi nabantwana, begodu a) nangaphambi kokuya ethoyiledi nalokha nawuphuma ethoyiledi b) ngaphambi kokudla ukudla nofana isneki

Ungasebenzisi ithawula yezandla – izandla zingazomela nofana zomiswe mummoya

Hlwengisa iimpompo kanye neengubhu ezibeka amanzi ngesihlanzekisi

Ngaso soke isikhathi kufanele ugade abantwana nabasebenzisa isihlanzekisi sesandla

Hlukanisa amathoyiledi wokudlala amapoti ngesikhala esima-1.5 yamamitha nofana bawa abantwana basebenzise ithoyiledi ngamunye ngesikhathi esisodwa

Khumbuza abantwana ngeendlela zokuhlwengeka ngaso soke isikhathi (ungabambi ubuso, ukukhohlelela emrhobeni wendolowana) kanye nokuhlanza izandla(sebenzisa iphostara yemininingwana yabantwana)

11. Ukuzihlwengisa kwaWokewoke kanye nokulawulwa ukuthelelana ngobulwelwe

Isigaba lesi siphathelene ngokwenza ihlelo lakho lihlale lihlwengekile begodu linganangongwana. Yelela bona iphepha neencwadi azithathwa njengezinto ezingasabalalisa ubulwelwe begodu azifuni ukuhlanzwa kanengi.

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Kunomoya owaneleko endaweni yokufundela (vula amafesdere/iminyango ukwenzelela bonyana ummoya ukwazi ukungena begodu uphume lula)	
Hlwengisa izisetjenziswa namathoyi woke kanye nezinye iinsetjenziswa nakuphela umhlangano wenu	
Ungavumeli bona amathoyi kanye nezinye izinto abantwana basuke nazo ekhaya beze nazo	
Ungabawazi abantwana bona basize ngokuhlwenzisa	
Ungathumeli izinto (isib. Amathoyi, iincwadi, imisebenzi yobukghwari) ekhaya nabantwana	
Hlwengisa abomaliledinini nezinye izinto ezibu elekthroni ngaphambi kanye nangemva kokuzisa	

12. Ibhoduluko elivikelako

Isigaba lesi siphathelene nokwehlisa izinga lokuthintana hlangu nabantwana kanye nabanye abantu.

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Ungavumeli ababelethi nofana ezinye iimvakatjhi zingene ehlelweni lakho	
Nange ababelethi nofana ezinye iimvakatjhi (isibonelo, nange kukhona ekufanele kulungiswe ngokurhabako) kufanele zingene ehlelweni, bazokuskrinwa bese bambatha imaski	
Nangabe ihlelo lakho ulenzela ekhaya lakho, beregisa indawo ekhethekileko be godu ungavumeli bonyana abanye abantu bangene kufikela uqeda ihlelo lakho	

13. Ukuhlalisa kuhle ikharyikhumu nekuqukethwe lihlelo

Isigaba lesi siphathelene namatjhuguluko ekufanele uwenze kuKambiso yeStartSmart ukwehlisa ubungozi bokusuleleka.

Yini ekufanele uyenze ngaphambi kobana uvule godu?	Ngikwenzile lokhu ✓
Iza nombono wokobana ungayifaka njani indaba yokuzijayeza ukuhlwengeka njengokuhlaza izandla ekambisweni yelanga loke	
Funda bewucabange amanowutsi womHlahlandlela weSmartStart 'Ungalhlalisa njani ihlelo lakho'	
Nangabe kunabantwana baphila nokukhubazeka kwihlelo lakho, qinisekisa bona nabo bayazibandakanya	
Abantwana abangakghoni ukubuya ehlelweni lakho, aba imibono kanye neesetjenziswa nababelethi babo ngokusekelwa kokufunda nokudlala ekhaya	

Yini ekufanele uyenze ngamalanga?	Ngikwenzile lokhu ✓
Yenza isikhathi bese ekuthomeni komhlangano wenu ubakhumbuze ngokuzijayeza ukuhlwengeka	
Khetha imisebenzi esekela ukqalanganana kezokuhlalisana kodwana ubavumele bakhambakhambe	
Ungavumeli bona badlale umdlalo wamanzi nemidlalo yokunukelela ngeenqhema	
Ningakhambi niziphikhe nofana niye emakhambweni wokufunda	
Nangabe abantwana bakho banengi, abadlale ngokudlalelana imidlalo yangaphandle	

14. Ukulungiselela ukudla nokuphakulula

Isigaba lesi siphathelene nokulungiselela ukudla kanye nokuphakulula ukudla, isneki kanye neenselo ngendlela ephaphileko nehlwengekileko

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Qinisekisa bona boke abantu abalungiselela ukudla bahlanza izandla zabo ngaphambi nangemva kokukulungiselela	
Imisebenzi yomsebenzi, iinsetjenziswa kanye nezitja azihlale zihlanzekile njalo	
Hlanza ngamanzi iinthelo nemirrorho kuhle	
Sula ngesihlanzekisi nakukghonekako ukudla okuthenge eentolo msinyazana nawuceda ukungena nazo ngendlini	
Ungavumeli abantwana babelane ngokudla, iinselo nofana izitja	
Hlanza iinkhaffhini zabantwana ebuya nazo ekhaya nabafika nazo nalokha nabaceda ukuzisebenzisa	

15. Zepilo zabantwana

Isigaba lesi siphathelene nokutjhejwa kwamatshwayo womulwana weCorona -nokuthatha amagadango. Tjheja iphostara yeSmartStart 'Ungawabona njani amatshwayo' nawufuna ilwazi elizeleko.

Yini ekufanele uyenze ngaphambi kobana uvule godu?	Ngikwenzile lokhu ✓
<p>Buza ababelethi nofana abondli bomntwana abanobujamo obulandelako bezepilo bona bahlanise abantwana ekhaya nofana beze nencwadi kadorhedera:</p> <ul style="list-style-type: none"> • Ukugula okuphikelelako okudlangileko komrhoba wommoya (isib. iCystic Fibrosis nofana ukugula kwamaphaphu) • Ubulwelwe behliziyo • Ukugula ngobukhali okubulala amasotja womzimba(isb. HIV/AIDS, ikanekere) • Ukubhoka ngobukhali nokuhlangahlangana kwemizwa nomkhumbulo 	

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
Tjheja abantwana amatshwayo womulwana weCorona	
<p>Nange umntwana akhombisa amatshwayo womulwana weCorona:</p> <ul style="list-style-type: none"> • Bahlukanise nabanye abantwana khonokho bese uqinisekise bona bambatha amamaski wobuso • Thintana nababelethi nofana abondli bese ubabawa bona beze bazokuthatha umntwana ngaleso sikhathi • Hlanzekisa iindawo lapho umntwana bekadlalela nofana athinte khona • Nakuphela ilanga, tjela abanye ababelethi bona kunomntwana okhombise amatshwayo 	
Nange indawo yabantu abagulako iyasebenziswa, hlala ubagadile abantwana bese uhlanzekisa indawo yabagulako kuhle ngemva kobana isetjenzisiwe	

16. Ukubulunga-imininingwana

Isigaba lesi simayelana nokubulunga imininingwana.

Yini ekufanele uyenze ngamalanga?	Ngizokwenza lokhu ✓
<p>Qinisekisa bona uba nemininingwana ebulungweko:</p> <ul style="list-style-type: none"> • Amarejista wabantwana nabasebenzi • Irejista yokuskrina • Imininingwana ebulungweko yebandulo/iinkulumiswano • Imininingwana ebulungweko mayelana nezehlakalo zomulwana weCorona (sebenzisa irejista/irejista yezehlakalo efayilini yakho) • Irhelo lerejista yeemvakatjhi (sebenzisa irejista yeemvakatjhi efayilini yakho) 	