

# Kwenziwa kanjani

## Hlamba izandla ngokufanelekileyo rhoqo

Oku kuya kunceda iintsholongwane kunye nokugula ekubeni zisasazeke

Hlamba izandla zakho kunye nezandla zabantwana **NGOKUFAN-ELEKILEYO.**

- ✓ Hlamba izandla nge-SEPA kunye **NAMANZI AHAMBAYO.**
- ✗ Singahlambi izandla kwisitya samanzi njengoko oku kunokusasaza iintsholongwane. Ukuba awunawo amanzi ahambayo, sebenzisa ibhotile yeplastiki ukwenza **i-TIPPY TAP.**
- ✓ Qiniseka ukuba wena nomntwana ngamnye nichitha **IMIZUZWANA eyi20** ukuhlamba izandla **NGALO LONKE IXESHA.**

(Ungabacela ukuba bacule ingoma - njengo "Min'emnandi Kuwe" izihlandlo ezi-2.)

Hlamba izandla zakho kunye nezandla zabantwana rhoqo.

- ✓ **UKUQALISA KWESESHONI** nje ukuba bonke abantwana bafike kwaye **NGAPHAMBI** kokuba wenze imisebenzi
- ✓ Ngaphambi **KOKULUNGISA UKUTYA**
- ✓ Ngaphambi kokutya iSnacks, ukutya okulula okanye iziselo
- ✓ Emva kokusetyenziswa kwe-**TOILET**
- ✓ Emva koku**KHOHLELA** okanye **UKUTHIMLA**
- ✓ Emva kokukhathalela umntwana **OGULAYO OKANYE OWENZEKILEYO**

