

Wenza kanjani

Ukweseka ukuqhelelana ngokomzimba

Kungani sidinga ukuqhelelana ngokomzimba?

Indlela eyodwa ekwiyona ephuma phambili ekugwemeni ukubhebhetheka kwegciwane iCorona, ukunciphisa ukuthintana nabanye abantu. Lokhu kungoba lesifo singabhebhetheka ngokusondelana nomuntu osethelekile, noma ukuthinta izindawo noma izinto ebezisebenziswa umuntu osethelekile ebese uthinta ubuso bakho.

Sichaza ukuthini masikhuluma ngokuqhelelana ngemizimba?

KwiECD Programme yakho, ukuqhelelana ngemizimba kuchaza ukuthi uxhase abantwana bengathintani uzame ukuthi baqhelelane ngebanga elilingana neMetre. Lokhu akuchazi ukuthi ushiye abantwana bengenanto abangayenza noma ubanqabele ukuba badlale.



Ukubeka abantwana phambili

Umthetho uthi, ukubeka izidingo zomntwana phambili ikona ekumele kuhambe phambili kuthina ngasosonke isikhathi. Ukulekelela abantwana ukuba baqhelelane ngebanga eliyiMetre elilodwa kungaba yinkinga ngoba abantwana mabebonana bafuna ukudlala benze nobungani. Ngakhoke, intabaluleke kakhulu ukuthi lento yenziwe ngendlela enomusa nehambiselana nobuntwana. Akunandaba umangabe abantwana bebuye bakhohlwe ngesinye isikhathi-Isikhumbuzo esimnene isona esisuke sidingeka.

Ukugcina abantwana bephephile kusemqoka kodwa amaECD programme akumele kubeyindawo eqinisa kakhulu isandla noma esabisayo. Ikakhulukazi manje, abantwana badinga indawo ebanakekelayo, ephephile nejabulisayo.

Ukuhlala kwibhamuza lethu!

Khumbula ukuyenza ibemnandi lento! Ekuqaleni, lekelela abantwana ukuthi bakuqonde ukuqhelelana ngokomzimba ngokubacela ukuthi basukume bame bavule izingalo zabo ziqonde ndawo zombili. Becele ukuthi bajikeleze benze indilinga. Bachazele ukuthi ilona bhamuza laboke lelo. Bonke abantu abahlangana nabo abangahlali nabo, banebhamuza labo futhi bengazami ukungena ebhamuzeni lomunye umuntu!

Eminye imibono

Gcina amagroup emancane. Hlukanisa abantwana bakho babe ngamaGroups amancane ukuze abantwana bekwazi ukudlala nabanye kodwa bengadlali bebonke bephelele. Zama ukugcina lamaGroups kuwona wonke amaSession.

Yakha izindawo eziphephile ezehlukene zokudlala.

Setha izindawo zokudlala ezehlukahlukene, gqugquzela abantwana ukuba basho ukuthi bengathanda ukudlala kuphi. Zama ukugcina abantwana kulamaGroup amancane.

Nciphisa ukuthintwa kwezinto namathoyizi.

Qaphela ukuthi iziphi izinto okungenzeka zithintwe izandla eziningi ezincane! zama ukunciphisa lokhu ngokunikeza abantwana izinto ekwezabo-isibonelo. Ukunikeza umntwana ngamunye amakhrayoni amabili kunokuba bakhethe eningini lamakhrayoni. Umangabe uyabashintshanisa abantwana ezindaweni zokudlala, sanitiser zonke izinto kahle kuqala.