

Kwenziwa kanjani Xhasa ukuqelelana ngomzimba

Kutheni le nto kufuneka siqelelane ngomzimba/ ngeziqo.

Enye yeendlela ezilungileyo zokumisa ukusasazeka kweCoronavirus kukunciphisa unxibelelwano esinalo omnye komnye. Kungenxa yokuba esi sifo sinokusasazeka ngokuthi sisondele kumntu osulelweyo, okanye ngokuchukumisa umphezulu okanye into eyosulelekileyo kwaye uchukumise ubuso bakho.

Sithetha ukuthini ukuqelelana?

Kwinkqubo yakho yeECD, ukumgama kuthetha ukuxhasa abantwana ukuba bangachukumisani kwaye bazame ukugcina malunga nemitha enye komnye. Akufuneki ibengathi kuthethe ukushiya abantwana bengenanto yokwenza, okanye ukungavumeli abantwana badlale.



Ukubeka abantwana kuqala

Umthetho uthi ezona zinto zibalulekileyo zomntwana mazibe zezona zinto ziphambili ngokubaluleka ngalo lonke ixesha. Ukunceda abantwana abancinci ukuba bahlale kwimitha enye ngaphandle kwemeko kunokuba ngumceli mngeni kuba ngokwendalo ukuba badlale kwayebabe noluntu. Ke eyona nto ibaluleke kakhulu kukuba le yenziwa ngendlela enobubele ngendlela yobuntwana. Ayinamsebenzi ukuba abantwana ngamanye amaxesha bayalibala-isikhumbuzo sobumnene kuko konke okufunekayo.

Ukugcina abantwana bekhuselekile kubalulekile kodwa inkqubo yeECD akufuneki iba yindawo engqongqo okanye eyoyikisayo. Ngaphezu koko kwenjalo, abantwana bafuna ukukhathalelwa, ukukhuseleka nendawo yokonwaba abanokuba kuyo.

Ukuhlala kwi-bubble yethu!

Khumbula ukwenza oku kube mnandi! Kwangoko, nceda abantwana baqonde ukuqelelana ngokubacela ukuba bame baphakamise iingalo zabo kumacala omabini. Bacele ukuba banze isangqa. Chaza ukuba le bubble yabo. Wonke umntu abadibana naye abangahlali nabo, une-bubble yakhe kwaye kuya kufuneka bazame ukungangeni kwi-bubble yomnye umntu!

Ezinye iibono

Gcina ubungakanani bamaqela zincinci

Yahlula-hlula iqela labantwana lakho libe ngamaqela amancinci ukuze abantwana bakwazi ukudlala nabanye, kodwa hayi bonke kwiqela elinye elikhulu. Zama ukugcina la maqela efana kuzo zonke iseshoni.

Yenza iindawo ezahlukeneyo ezikhuselekileyo zokudlala. Misela indawo ngeendawo ezahlukeneyo zokudlala, ukhuthaze abantwana ukuba bakhethe apho bangathanda ukudlala khona. Zama ukugcina abantwana kumaqela amancinci afanayo.

Nciphisa ukuchukumisa ngokwabelwana ngezinto eziphathekayo kunye nezinto zokudlala.

Qaphela ukuba zeziphi izinto ezinokuchukumisa zizandla ezincinci! Zama ukunciphisa oku ngokunika abantwana izinto zabo – umzi. ukunika iikhrayoni ezi-2 kumntwana ngamnye kunokuvumela abantwana ukuba bakhethe kwimfumba yeekhrayoni. Ukuba ujikelezisa abantwana phakathi kweendawo zokudlala, coca ngokufanelekileyo zonke izinto zokudlala kuqala