

O dira jang dira di tlhatlhubo tsa coronavirus letsatsi le letsatsi

Ke kantlha ya eng re tshwanetse go tlhatlhuba bana le barutabana letsatsi le letsatsi

Coronavirus e tshwaetsana segolo bogolo mo malatsing a se makae fela - seo se raya gore le fa mongwe a sa utlwe a bobola, o sentse a ka kgona go phatlhalatsa bolwetse. Ka mabaka ao, go botlhokwa go netefatsa gore batho ba ba naleng tshwaetsego, le ge e ka ba e e bonolo, ba dule gae, baseke ba tlhakana le batho ba bang.

Go tlhatlhuba letsatsi lengwe le lengwe go raya eng?

Go tlhatlhuba letsatsi lengwe le lengwe go raya gore, o botsa bana le barutabana dipotso tse ditshwanang, pele o ba dumelela go tsena kwa tlhokomelong ya bana letsatsi lengwe le lengwe. Fa o nale di thulaganyo tse di fetang e le ngwe ka letsatsi, o tshwanatse go dira se pele ga thulaganyo ngwe le ngwe.



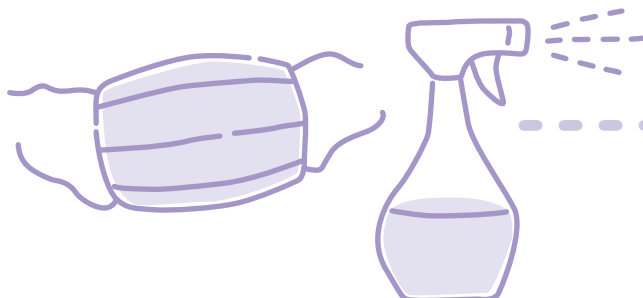
Go siamisa tsela ya go tlhomagana

- Elatlhoko gore, a go phephile gore bana le batsadi ba ka ema mola kwa ntle ga tlhokomelo ya bana fa ba emetse go tlhat hobiwa (tlhokomela gore ga ba a ema mo tseleng ya dikoloi).
- Baya matshwao a a bontshang gore ba dire mola kae.
- Dirisa matlhokwana, mogala, majwe kgotsa o dire matshwao a mola fa fatshe (go tshwanetse go nne le di metara tse 1.5 fa gare ga phatlha ngwe le ngwe, go tshwana le dikgato tse pedi tse di katologaneng).

Go siamisa lefelo la tlhatlhubo

- Ipatlele lefelo mo mojako wa tlhokomelo ya bana mo o ka dirang ditlhatlhubo teng letsatsi lengwe le lengwe (go tshwanetse go nne le sebaka sa di metara tse 1.5 fa gare ga gago le motsadi fa o mmotsa dipotso tsa tlhatlhubo).
- Lefelo la tlhatlhubo le tshwanetse go ba gaufi le lefelo la go tlhapa diatla gore bana ba e dirise pele ba tsena kwa tlhokomelong ya bana.
- Fa go sena motho yo mongwe yo mogolo mo tlhokomelong, go tshwanetse go nne le lefelo le le phephileng mo bana ba ba tlhatlhubilweng ba ka dulang teng fa wena feleletsa go tlhatlhuba bana ba bang.
- Go siamisa lefelo la tlhatlhubo, pele ga go simolola ka thulaganyo, o tlhoka go dira jaana:
 - Apara seipipo sa matlho
 - Tshwara pampiri ya tlhatlhubo ya dipotso
 - Baakanya contactless thermometer (fa o na le yona)

Gopola, tlhatlhubo ya bana le babereki ya letsatsi lengwe le lengwe etla re thusa go thibela atoloso ya Coronavirus!



Ditsela tse o dilatelang go dira tlathhobo letsatsi lengwe le lengwe

- 1 Kopa motsadi wa ntlha le ngwana ba ba emeng mola go tla mo pele.
- 2 Botsa motsadi fa a tlathhobile ngwana mo mosong. (fa a sa dira jalo, ba lemose gore ba tshwanetse go dira se, pele ba tswa kwa lolapeng letsatsi lengwe le lengwe.)
- 3 Fa o nale contactless thermometer, tlathhoba mogote wa ngwana.
- 4 Botsa motsadi dipotso tsa tlathhobo tse di latelang. (fa ngwana a tlisitse ke mongwe kwa tlhokomelong ya bana, motsadi o tshwanetse go netefatsa gore ba naya tshedimosetso e e maleba.)

Dipotso tse o tla di botsang motsadi kgotsa motlhokomedi wa ngwana

- Aa o nagana gore ngwana wa gago a kabo a nale mogote kgotsa letshoromo?
- Aa ngwana wa gago o a gotlholo?
- Aa ngwana wa gago o kile a lela ka mogolo yo o botlhoko?
- Aa ngwana wa gago o kile a bontsha matshwao a go hema ka bokete kgotsa go palelwa ke go hema?
- Aa ngwana wa gago o kile a go lemosa gore ga a dupe monko kgotsa go utlwa takatso ya dijo go tshwana le ka metlha?
- Aa wena kgotsa mongwe wa mo lolapeng o kile a bontsha matshwao a?
- Mo malatsing a a 14 a a fitileng, aa wena kgotsa ngwana wa gago o kile wa tlhakanela le mongwe yo o belayelwang kgotsa yo go netefaditsweng gore o nale Coronavirus?

- 5 Fa ngwana a nale mogote o o fetang **38°C** kgotsa motsadi a re **'Ee'** mo go engwe kgotsa tse ding tsa dipotso:
 - Kopa motsadi a ise ngwana gae
 - Eletsa batsadi gore botlhe ba lelapa ba tswanetse go nna kwa gae
 - Raaya batsadi go leletsa booki kgotsa mogala wa potlako mo **0800 029 999** go bona dikeletso.
 - Raaya batsadi gore bana kgotsa ngwana ga a tshwanela go buela mo lelenaneong gontle le go supa lokwalo le supang gore o supilwe a sena Coronavirus.
- 6 Fa ngwana a nale mogote o o kwa tlase ga **38°C** le motsadi o arabile dipotso tsotlhe ka **'Nyaya'**:
 - Kopa ngwana go ya go tlhapa diatla kwa lefelong lwa go tlhapa kgotsa a dirise se bolaya ditwatsi (bana ba ba nye ba tlhoka thuso go dira jalo).
 - Bolelela ngwana kwa a tshwanetseng goleta teng (netefatsa gore o a ba bona kgotsa ba tlhokometswe ke morutabana, fa wena o feleletsa tlathhobo.

Motho yo o na leng letshoromo, kgotsa mogote, gantsi o utlwa go fisa thata kgotsa botsididi tota. Ba ka bo ba tatasela, fufulelwa, kgotsa ba lela ka gore mmele o botlhoko.