

# Mune wa tindlela ta ku tshama u hlayisekile futhi uri kahle



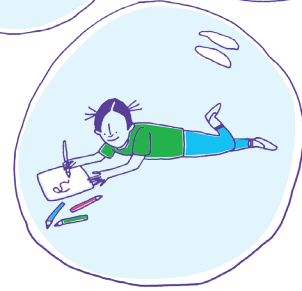
## Pfala hi minkarhi hinkwayo

mukhuhlwana kumbe ku entshemula hi mukhono wa wena kumbe xikokola.



## Basisa mavoko a wena

minkarhi yo tala siku na siku. Tirhisa xisibi na mati u endla hi ku nonoka na hi vukheta.



## Endla enge ule endzeni ka byabya

u khumba ntsena mahetelelweni. Ringeta ku unga pfumeleli un'wana na un'wana ata endzeni ka byabya ya wena. (Kambe u nga vileli loko minkari yi n'wani vata!)



## U nga khumbi

xikandza xa wena (nomo, nhompfu kumbe mahlo a wena) hi mavoko a wena.

LOKO HI ENDLA SWILO LESWI SWINE, HI PFUNA KU UN'WANA NA UN'WANA A TSHAMA A HANYILE FUTHI A HLAYISEKILE!

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